



# Stephanie Lacy, LCSW LMFT, LLC

## PSYCHOTHERAPY

### Welcome!

This questionnaire is to assist me in better understanding your situation/problem. I recognize that there are a lot of questions, so if you do not understand a particular question or feel uncomfortable answering a question, feel free to leave it blank. I will review this questionnaire and discuss it thoroughly together with you in our first appointment.

Treatment with my office is voluntary and can be terminated at any time without penalty. My goal is to be as helpful to you as possible and to assist you in most effectively dealing with your current problems. If at any time you have any questions, concerns or ways I might improve my services, I would appreciate your input.

I understand that in all cases, strict standards of confidentiality and professional ethics will be maintained. I strive to protect and preserve the confidentiality of the patient's personal health information. I have a detailed document called the "Notice of Privacy Practices." It contains more information about policies and practices protecting the patient's privacy and is available upon request. I understand that I have the right to read the "Notice" before signing.

#### HIPAA ACKNOWLEDGEMENT

I understand that under the Health Insurance Portability & Accountability Act of 1996 that I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly;
- Obtain payment from third-party payers; and
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I have read and understood the Notice or Privacy Practices. I understand that this practice has the right to change its Notice of Privacy Practices and that I may contact the practice at any time to obtain a current copy.

I authorize Stephanie Lacy, LCSW LMFT, LLC to release and/or obtain my records to/from other physicians for the purpose of continuity of care.

Signature of Patient, Parent or Guardian

Relationship to Patient

Date

#### AUTHORIZATION FOR TREATMENT & PAYMENT

I hereby consent to treatment by the health care provider Stephanie Lacy, LCSW LMFT.

Signature of Patient, Parent or Guardian

Relationship to Patient

Date

Print Full Name

# Stephanie Lacy, LCSW LMFT, LLC

PSYCHOTHERAPY

## Financial Policy and Assignment of Benefits

It is the policy of my office to request payment for services at the time the service is rendered. If it would be more helpful for you to pay the deductible and co-pay, I will be glad as a service to file your insurance for you. However, I cannot guarantee payment in part or in full by any insurance company or other third party, and therefore, you are ultimately responsible for any charges you incur. Co-payments are requested at the time of service. Your insurance requires that I collect a co-pay according to my contract with them. If you do not have your co-pay at the time of your visit, you will be charged a \$6.00 billing fee. I accept payments by credit card, debit card, cash or check.

### Missed Appointments and Cancellations:

I require a 24-hour notice of cancellation if you are unable to keep your scheduled appointment. There will be a charge of \$60.00 for any appointment which is not cancelled with a 24-hour notice. Please be aware that your insurance company will not reimburse for missed appointments. If you incur a balance and it is not paid within two months from the date of service, a \$6.00 billing fee will be added to your balance for each monthly statement mailed.

### Insurance Information:

Insured's Name: \_\_\_\_\_ Insured's Date of Birth: \_\_\_\_\_  
Insured's Phone No.: \_\_\_\_\_ Insured's SS#: \_\_\_\_\_  
Insured's Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

### Primary Insurance:

Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_  
Employer: \_\_\_\_\_ Group #: \_\_\_\_\_

### Secondary Insurance:

Insurance Company: \_\_\_\_\_ Policy #: \_\_\_\_\_  
Employer: \_\_\_\_\_ Group #: \_\_\_\_\_

*Note: In cases of divorce and/or separation, the parent who originally brought the child in for services is responsible for paying the office, regardless of which parent is legally responsible for insurance coverage and medical bills, as established by a divorce or any other agreement. Assignment from the non-custodial parents insurance carrier will be accepted only after this office has his/her signature on file.*

**I HAVE READ AND UNDERSTOOD THE ABOVE BILLING POLICY, I AGREE TO PAY FOR SERVICES UNDER THE CONDITIONS AND SPECIFICATIONS SET FORTH IN THE BILLING POLICY AND ACKNOWLEDGE THAT I AM RESPONSIBLE FOR PAYMENT OF ALL SERVICES PROVIDED, REGARDLESS OF INSURANCE COVERAGE.**

**Assignment of Benefits:** I authorize the release of any information necessary to process claims and direct payment to myself as the provider who accepts assignment.

\_\_\_\_\_  
Signature of Client, Parent or Guardian

\_\_\_\_\_  
Relationship to Client

\_\_\_\_\_  
Date

# PATIENT INFORMATION

Patient Name: \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex  M / F  SS# \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Widowed \_\_\_\_\_ Divorced \_\_\_\_\_ Separated \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

## Race & Ethnicity *(Per the Federal government, we are asked to gather the following information)*

Race: American Indian / Alaskan \_\_\_ Asia \_\_\_ Black / African American \_\_\_ Hawaiian / Pacific Islander \_\_\_ White \_\_\_

Ethnicity: Hispanic or Latino \_\_\_ Not Hispanic or Latino \_\_\_ Declined \_\_\_

Email Address \_\_\_\_\_ *(For Couple's Therapy)* Partner Email Address: \_\_\_\_\_

Preferred Method of Communication (Choose One): Home Phone: \_\_\_ Cell Phone: \_\_\_ Email: \_\_\_

Preferred Contact (if other than patient): \_\_\_\_\_ Contact Phone \_\_\_\_\_

## *For Couple's Therapy*

Partner Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Partner Phone No.: \_\_\_\_\_

SS# \_\_\_\_\_ Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

## REFERRING PHYSICIAN or Other Source:

Referral Source: \_\_\_\_\_

## EMERGENCY NOTIFICATION

Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

## AUTHORIZATION FOR COMMUNICATION

Please identify if there is anyone, other than yourself, who you give permission for our office to discuss your bill on your behalf:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Couple Intake

## I. Presenting Problem

Describe in one sentence what prompted you to schedule an appointment:

---



---

What Problems are you Currently Experiencing?	How Long?	Is this worsening, improving, or unchanged?
1.		
2.		
3.		

Please circle symptoms that apply:

- |                                   |                         |                          |                         |
|-----------------------------------|-------------------------|--------------------------|-------------------------|
| Decreased appetite                | Explosive temper        | Decreased sleep          | Auditory hallucinations |
| Increased appetite                | Self-criticism          | Trouble waking too early | Intrusive thoughts      |
| Low energy                        | Tearfulness             | Violence                 | Bothersome thoughts     |
| High energy                       | Impulsivity             | Aggression               | Inability to hold a job |
| Withdrawal from others            | Distractibility         | Nightmares               | Relationship problems   |
| Decreased ability to enjoy things | Decreased concentration | Sexual problems          | Alcohol / Drug problem  |
| Excessive worrying                | Sleeping too much       | Visual hallucinations    | Legal problems          |

**Partner** - Circle symptoms that apply:

- |                                   |                         |                          |                         |
|-----------------------------------|-------------------------|--------------------------|-------------------------|
| Decreased appetite                | Explosive temper        | Decreased sleep          | Auditory hallucinations |
| Increased appetite                | Self-criticism          | Trouble waking too early | Intrusive thoughts      |
| Low energy                        | Tearfulness             | Violence                 | Bothersome thoughts     |
| High energy                       | Impulsivity             | Aggression               | Inability to hold a job |
| Withdrawal from others            | Distractibility         | Nightmares               | Relationship problems   |
| Decreased ability to enjoy things | Decreased concentration | Sexual problems          | Alcohol / Drug problem  |
| Excessive worrying                | Sleeping too much       | Visual hallucinations    | Legal problems          |

Please check significant stressors experienced in the past year:

√

Major Losses:	
Moves:	
Work:	
Family:	
Other:	

## II. Past Therapy / Treatment History

Previous Therapy	Therapy Date	Therapist	Reason for Therapy	Results

*Partner:*

Previous Therapy	Therapy Date	Therapist	Reason for Therapy	Results

## III. Past Substance Abuse History

Substance Used Alcohol/Drugs	Age Started	Time Period Of Use	Amount Used	Date of Last Use	Effects/ Consequences	Treatment

*Partner:*

Substance Used Alcohol/Drugs	Age Started	Time Period Of Use	Amount Used	Date of Last Use	Effects/ Consequences	Treatment

Please list current medications and treating providers:

Medication	Dosage	Start Date	Reason	Prescribing Physician

*Partner,* please list current medications and treating providers:

Medication	Dosage	Start Date	Reason	Prescribing Physician

#### IV. Family History

Please identify any of the following family members who have experienced problems with:

	Mother	Father	Maternal G-mother	Maternal G-father	Paternal G-mother	Paternal G-father	Brother	Sister	Aunt	Uncle
Depression										
Excessive Anxiety										
Bipolar										
Schizophrenia										
Suicide										
Drug/Alcohol Problems										
Abuse										

<i>Partner:</i>	Mother	Father	Maternal G-mother	Maternal G-father	Paternal G-mother	Paternal G-father	Brother	Sister	Aunt	Uncle
Depression										
Excessive Anxiety										
Bipolar										
Schizophrenia										
Suicide										
Drug/Alcohol Problems										
Abuse										

#### V. Medical History

If you have or have ever had a problem, please circle:

Diabetes	Back Problems
Thyroid Problems	Arthritis
High Blood Pressure	Head Injury
Heart Problems	Anemia
Rapid Heart Rate	Kidney Problems
Breathing Problems	Migraine Head-aches
Asthma	Meningitis
Seizures	Dizziness
Stroke	

*Partner:*

Diabetes	Back Problems
Thyroid Problems	Arthritis
High Blood Pressure	Head Injury
Heart Problems	Anemia
Rapid Heart Rate	Kidney Problems
Breathing Problems	Migraine Head-aches
Asthma	Meningitis
Seizures	Dizziness
Stroke	

Surgeries / Major Illnesses	Time Period	Physician

*Partner:*

Surgeries / Major Illnesses	Time Period	Physician

## V. Social History

Who currently lives in your household?

Name	Age	Relation

Number of marriages: \_\_\_\_\_ Length of present marriage: \_\_\_\_\_ Dates of previous marriages: \_\_\_\_\_

### *Partner:*

Number of marriages: \_\_\_\_\_ Length of present marriage: \_\_\_\_\_ Dates of previous marriages: \_\_\_\_\_

### Work History:

\_\_\_\_\_ Employed      \_\_\_\_\_ Unemployed      \_\_\_\_\_ Disabled      \_\_\_\_\_ Retired

Current job: \_\_\_\_\_ Length of Employment: \_\_\_\_\_

Work Related Concerns: \_\_\_\_\_

*Partner:* \_\_\_\_\_ Employed      \_\_\_\_\_ Unemployed      \_\_\_\_\_ Disabled      \_\_\_\_\_ Retired

Current job: \_\_\_\_\_ Length of Employment: \_\_\_\_\_

Work Related Concerns: \_\_\_\_\_

### Educational Background:

Last Completed Grade: \_\_\_\_\_ *Partner:* - Last Completed Grade: \_\_\_\_\_

### Legal Background:

Past or present legal problems: \_\_\_\_\_

Custody Information: \_\_\_\_\_

*Partner* - Past or present legal problems: \_\_\_\_\_

Custody Information: \_\_\_\_\_

### Support System:

Number of close friends/ family members: \_\_\_\_\_

Hobbies / Interests: \_\_\_\_\_

Religious preference / Beliefs: \_\_\_\_\_

**VI. Previous Medication taken for Depression, Anxiety, Etc.**

**Anti—Depressants** **Any Side Effects**


**Mood Stabilizers** **Any Side Effects**


**ADD / ADHD Medication** **Any Side Effects**


**Sleep Medication** **Any Side Effects**


**Anti—Anxiety Medications** **Any Side Effects**


**Anti—Psychotic Medication** **Any Side Effects**


**Alzheimers / Dementia Medication** **Any Side Effects**


*Partner:*








Medication Allergies: \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, medication allergy: \_\_\_\_\_

*Partner:*

Medication Allergies: \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, medication allergy: \_\_\_\_\_